



## La Soupe Waiver & Media Release Form

### RELEASE FROM LIABILITY

You agree to hold harmless and hereby indemnify La Soupe, its officers, its directors, employees, volunteers and/or representatives from any and all liability, claims, and demands of whatever kind or nature, either in law or in equity, which may arise or may hereafter arise from their participation in this class. You understand and acknowledge that this Release discharges La Soupe from any liability or claim that you may have if through the course of participation in the class, you become injured, ill or require medical treatment.

### INFORMATION AND MEDIA RELEASE

During this class, La Soupe may take some pictures, at that time if you wish to not be in the photo you can step to the side to make sure you are not in the photo. If you choose to be in the photo you hereby grant full and unlimited permission to La Soupe to use the photographs, video or other record of you for promotion, publicity, or other purposes, with or without identification of you by name.

**IMPORTANT: For the safety of our participants, please wear closed toed shoes. We are working with sharp tools and want to be sure everyone leaves class uninjured. Additionally, since we are assisting our production kitchen with food prep, participants need to wear a head covering (hat, hair net, bandana, etc.) Long hair should be pulled back.**

By signing below you are agreeing to adhere to the information above. Participants under the age of 18 require a parent or guardian signature.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Date

\_\_\_\_\_  
Participant name

\_\_\_\_\_  
Organization or School

Are you under the age of 18?  Yes  No

Do you have any medical or physical conditions that we need to be mindful of that could affect your participation in the class?

\_\_\_\_\_

Do you have any allergies or food restrictions?

\_\_\_\_\_

Have you or others in your household had to eat less, skip meals, or choose less healthy options because there wasn't enough money for food or food was difficult to receive?  Yes  No