



## Summer 2026 Swim Lesson Schedule

<b>Session 1</b>				
<b>June 22 – July 3</b>				
<b>Time</b>	<b>Shallow</b>	<b>Shallow</b>	<b>Mid</b>	<b>Deep</b>
10:40:00 - 11:10 AM	<b>Pre 1</b>	<b>Beg 1</b>	<b>Beg 3</b>	<b>Swim Team Technique</b>
11:15:00 - 11:45AM	<b>Pre 1</b>	<b>Pre 2</b>	<b>Beg 2</b>	<b>Intermediate</b>
11:50:00 - 12:20PM	<b>Tiny Tots</b>	<b>Beg 1</b>	<b>Pre 3</b>	<b>Stroke Refinement</b>
12:25:00 - 12:55PM	<b>Pre 1</b>	<b>Beg 1</b>	<b>Beg 2</b>	<b>Intermediate</b>
1-1:30p	<b>Beg 1</b>	<b>Pre 1</b>	<b>Beg 2</b>	<b>Beg 3</b>

<b>Session 2</b>				
<b>July 6-July 17</b>				
<b>Time</b>	<b>Shallow</b>	<b>Shallow</b>	<b>Mid</b>	<b>Deep</b>
10:40:00 - 11:10 AM	<b>Pre 1</b>	<b>Beg 1</b>	<b>Beg 3</b>	<b>Swim Team Technique</b>
11:15:00 - 11:45AM	<b>Tiny Tots</b>	<b>Pre 2</b>	<b>Beg 2</b>	<b>Intermediate</b>
11:50:00 - 12:20PM	<b>Pre 1</b>	<b>Pre 3</b>	<b>Beg 2</b>	<b>Stroke Refinement</b>
12:25:00 - 12:55PM	<b>Pre 2</b>	<b>Beg 1</b>	<b>Beg 3</b>	<b>Intermediate</b>
1-1:30p	<b>Pre 1</b>	<b>Beg 1</b>	<b>Beg 2</b>	<b>Beg 3</b>



## Summer 2026 Swim Lesson Schedule

Session 3				
July 20-July 31				
Time	Shallow	Shallow	Mid	Deep
10:00-10:30a	<b>Tiny Tots</b>	<b>Beg 1</b>	<b>Beg 2</b>	<b>Swim Team Technique</b>
10:40:00 -11:10 AM	<b>Pre 1</b>	<b>Beg 1</b>	<b>Beg 3</b>	<b>Stroke Refinement</b>
11:15:00 - 11:45AM	<b>Pre 1</b>	<b>Pre 2</b>	<b>Beg 2</b>	<b>Intermediate</b>
11:50:00 - 12:20PM	<b>Pre 2</b>	<b>Beg 1</b>	<b>Beg 2</b>	<b>Beginner 3</b>
12:25:00 - 12:55PM	<b>Beg 1</b>	<b>Pre 3</b>	<b>Beg 2</b>	<b>Intermediate</b>
1-1:30p	<b>Pre 1</b>	<b>Pre 2</b>	<b>Beg 1</b>	<b>Beg 3</b>
10a-1:30p	<b>Junior Lifeguarding</b>			

Session 4				
August 3-August 14				
Time	Shallow	Shallow	Mid	Location in course
10:00 – 10:30a	<b>Pre 1</b>	<b>Beg 1</b>	<b>Beg 2</b>	<b>Swim Team Technique</b>
10:40:00 -11:10 AM	<b>Pre 1</b>	<b>Beg 1</b>	<b>Beg 3</b>	<b>Stroke Refinement</b>
11:15:00 - 11:45AM	<b>Tiny Tots</b>	<b>Pre 2</b>	<b>Beg 2</b>	<b>Intermediate</b>
11:50:00 - 12:20PM	<b>Pre 2</b>	<b>Beg 1</b>	<b>Beg 2</b>	<b>Beg 3</b>



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12:25:00 - 12:55PM	<b>Pre 1</b>	<b>Pre 3</b>	<b>Beg 1</b>	<b>Intermediate</b>
1-1:30p	<b>Pre 1</b>	<b>Pre 2</b>	<b>Beg 1</b>	<b>Beg 3</b>

<b>Session 5</b> <b>August 17-August 28</b>				
Time	Shallow	Shallow	Mid	Deep
10:00a-10:30a	<b>Pre 1</b>	<b>Pre 2</b>	<b>Beg 1</b>	<b>Swim Team Technique</b>
10:40:00 -11:10 AM	<b>Pre 1</b>	<b>Beg 1</b>	<b>Beg 3</b>	<b>Stroke Refinement</b>
11:15:00 - 11:45AM	<b>Tiny Tots</b>	<b>Pre 2</b>	<b>Beg 2</b>	<b>Intermediate</b>
11:50:00 - 12:20PM	<b>Beg 1</b>	<b>Pre 2</b>	<b>Beg 2</b>	<b>Beg 3</b>
12:25:00 - 12:55PM	<b>Pre 1</b>	<b>Pre 3</b>	<b>Beg 1</b>	<b>Beg 2</b>
1-1:30p	<b>Beg 1</b>	<b>Beg 2</b>	<b>Beg 3</b>	<b>Intermediate</b>