



Illness and Covid Compliance/Waiver for Little Movers and Shakers Music Classes

Throughout the pandemic our families have been great at adhering to any preventative measures that we, **Little Movers and Shakers** has had in place to reduce the spread of COVID-19 and other illnesses; however, no scenario is 100% foolproof. LMS cannot guarantee that you or your child(ren) will not become infected with COVID-19 or other illnesses. Further, attending LMS could increase your risk and your child(ren)'s risk of contracting COVID-19 and other illnesses.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and other illnesses voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 and other illnesses by attending the LMS classes or LMS led party and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I agree to follow and enforce the guidelines set by LMS (agree to each below) and I understand that the risk of becoming exposed to or infected with COVID-19 or other illness at my LMS class or party may result from the actions, omissions, or negligence of myself and others, including, but not limited to, LMS employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at the LMS Class or participation in LMS programming ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the LMS, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the LMS, its employees, agents, and representatives, whether a COVID-19 or other illness/infection occurs before, during, or after participation in the LMS program.

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Illness and Covid Safety Protocols:

We are doing our best to provide the safest environment and minimize risk to any and all illnesses for our families and most importantly our young children. Please know that if numbers change, **we reserve the right to follow more strict guidelines**. Here is what we currently have in place. Your signature acknowledges that you agree to comply with each of these safety protocols

- **Health a safety of others: I AGREE TO STAY HOME IF MY CHILD OR I DO NOT FEEL WELL**

Each participant and the instructor are required to **NOT** attend class if they or anyone in their family is ill, has a fever, **or has been exposed** to someone who has tested positive for Covid, flu or other illnesses.

(Please see the list below)

- **Hand-washing/sanitizing:** All participants will be required to wash or sanitize their hands just prior to class.

We sanitize all instruments and props and may ask for your help in this.

- **Outdoors:** Little Movers and Shakers parent and me classes are conducted outdoors, which is safest for all illnesses, including Covid 19. On the very off-chance that a situation arises where we need to consider moving to an indoor location for a single class, we will accommodate anyone who is not comfortable doing so through a makeup in another class or credit in our system.

- **Masks:** Masks are optional, but always welcome.

- **Social Distancing:** All participants will bring blankets to sit on set up 6 feet apart (but can sit closer if all parties feel comfortable). Closer group activities will be offered, but each family can choose their comfort level in participating. The instructor will adapt the activity to suit.

- **BYOI:** Although we bring instruments and props to share, you are always welcome to bring your own. Reach out for a text or email so that you can know what we are planning on using on any particular week. **We DO ask, though, that you bring a handful of percussion instruments to play along during our Family Jam song!**

Please do not attend class if you or your child has



**Thank you for helping to
keep all of us safe.**

Name of parent/guardian: _____

Parent guardian/signature: _____ Date signed: _____

Other caregivers or guardians that might attend class can sign and date here:

